

Srèshnatata

(Thrace, Bulgaria)

From the Stràndzha Mountains in Thrace, this kind of dance called, "Kàshtni Horà" ("Dances at home"), are enjoyed during familie celebrations. Because of that, the form of the dance is comfortable for a big room or a garden.

Pronunciation:

CD: IBLD#8, "Bulgarian Folk Dances—Summer 2001," Band 7. 2/4 meter

Cassette: "Bulgarian Folk Dances—Summer 2001," Side A/7.

Formation: Dancers form a square with 4 lines facing each other. The best number of M and W in one line is 3 or 4. Hands are held in front basket hold, no connection between lines. 2 opp lines—numbers 1 and 3—start the dance going twd each other to meet in the ctr, while the other 2 lines—lines 2 and 4—wait dancing in place. Numbers 2 and 4 repeat the same figure as 1 and 3.

Meas

Pattern

16 meas

INTRODUCTION. No action.

PATTERN (lines 1 and 3)

- 1 Facing ctr, step fwd on R (ct 1); hop fwd on R (ct 2).
- 2 Step fwd on L (ct 1); hop fwd on L (ct 2).
- 3 Leap fwd onto R (ct 1); leap fwd onto L (ct 2).
- 4 Repeat meas 3, moving fwd.
- 5 Step on R in place (ct 1); crossing L ft with straight knee in front of R ft, hop on R in place (ct 2).
- 6 Repeat meas 5 with opp ftwk.
- 7 Low leap onto R in place (ct 1); low leap onto L in place (ct &); low leap onto R in place (ct 2).
- 8 Leap onto L in place (ct 1); stamp R heel next to L ft, no wt (ct 2).
- 9-12 Repeat meas 1-4 moving bkwd.
- 13-16 Repeat meas 5-8 in place.
- 17-20 Repeat meas 1-4 while turning whole line CCW, ending facing ctr.
- 21-24 Repeat meas 5-8 in place.
- 25-32 Repeat meas 9-12.

PATTERN (lines 2 and 4)

- 1-8 Dance in place.
- 9-40 Repeat pattern for lines 1 and 3, meas 1-32.

All dancers repeat meas 1-32 to end of music, but lines 1 and 3 start immediately, and lines 2 and 4 start 8 meas later.

Presented by Iliana Bozhanova